MHC CALENDAR 2025

January
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
			TNBMHL																											
																			MHC QNET											
New Year																												Chinese New Year		

February
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
TNBMHL																											
		INDOOR WORLD CUP, CROTIA																									
Federal Day										Thaipusam																	

March
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
																Nuzul Al-Quran														Aidilfitri

April
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
							INDOOR LEAGUE																						
Aidilfitri																													

May
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
							TNBMJHL																							
TBC - SULTAN NAZRIN & TUNKU ZARA (INOOR INTERNATIONAL)																														
Labour											Wesak																			

June
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
TNBMJHL																													
			NATION CUP (TBC)																										
	YDPA					Aidiladha																			Awal Muharram			

July
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
												HOCKEY 5s																		

August
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
							TARC																							
																										MEN'S ASIA CUP				
																														Merdeka

September
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
RAJGIR, INDIA																													
			Maulidur Rasul											Malaysia Day															

October
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
								SOJC (TBC)																						
																			Deepavali											

November
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
31ST AZLAN SHAH CUP (TBC)																													

December
Men National Squad
Junior Men Squad Project
Women Squad Project
MHC Competition
FIH Competition
AHF Competition
Sea.G/Asian G/Comm. G
Celebrations/ Festivals

Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
JWC (TBC)																														
								SEA GAMES, THAILAND																						
																								X'mas						

(Subject to Changes) - Draft - Update : 25/11/2024